



Summer 2024

MagicKitchen.com's Seasonal Newsletter for the best in Delicious Healthy Meals, Delivered

President's Table

Sunshine sizzling, baseballs cracking, laughter echoing through park picnics – summer's a symphony of joy! But amidst the magic, we know busy schedules can leave little time to cook. That's where MagicKitchen.com chimes in!

We're passionate about making life healthier and tastier, offering a vibrant menu of chef-crafted meals. No more sweating over a hot stove or stressing about elaborate party spreads. Let us handle the culinary symphony while you savor summer's sweet melody.

We've whipped up exciting healthy new dishes and handpicked options perfect for those balmy days. Also, we have a new app to show off and a prize for you to win!

Kick back, relax, and explore our delicious summer feast! Head over to MagicKitchen.com, place your order, and get back to the soundtrack of summer – refreshing dips in the pool, lazy afternoons in the hammock, whatever bliss awaits.

Thank you for being a part of our kitchen family! We're dedicated to serving you deliciousness for many delightful summers to come.

Michelle Tayler

President



Greg Miller

CEO



Summer

Great, glorious,
golden sun,
Shine down on me
today.

You are the life of all
this earth,
You and your magic
ray.

You are the life of
bird and plant,
All must depend on
you.

Shine down, great
sun, the whole day
long!

Shine from the
heaven's blue.

www.magickitchen.com



Healthy & Delicious



Frittata with Roasted Red Potatoes



Delight in our flavorful Frittata paired with rosemary-kissed roasted red potatoes.



Beef Shepherd's Pie



Ground beef and vegetables simmered in gravy, topped with creamy mashed potatoes and baked golden brown. It's a hearty and satisfying all-in-one meal.



Salmon Vegetable Linguini



Filet of salmon with broccoli, zucchini, green beans, red pepper in a tomato-lemon sauce over linguine pasta.














Eggplant Parmigiana



Eggplant, cheese, marinara, and pesto - an Italian Gourmet overload!

Check out our wide variety of medically-tailored meals to meet various dietary requirements such as:

-  Low Sodium
-  Diabetic-Friendly
-  Dialysis-Friendly
-  Renal (CKD Stages 3&4)
-  Portion-Controlled
-  Dysphagia
-  Dairy Free
-  Gluten Free
-  Low Fat
-  Low Carb
-  Vegetarian



Summery Yogurt Parfait with Carrot Zucchini Muffins & Walnuts (serves 1)

- 1 svg MagicKitchen.com Carrot Zucchini Muffins with Walnuts
- 1 cup plain Greek yogurt
- 1/4 cup fresh berries (blueberries, raspberries, or strawberries)
- 1/4 cup chopped walnuts, toasted (optional)
- 1 tablespoon honey (or maple syrup)
- Fresh mint sprig (for garnish, optional)

Assemble the Parfait:

1. In a serving glass, layer half of the yogurt.
2. Top with half of the crumbled carrot zucchini muffin.
3. Add half of the fresh berries and half of the chopped walnuts (if using).
4. Repeat layers with remaining yogurt, muffin, berries, and walnuts.
5. Drizzle with honey or maple syrup.
6. Garnish with a fresh mint sprig (optional).



Magic Cups & Mighty Shakes

FORTIFIED DESSERTS



MAGIC CUP® frozen dessert is like ice cream when frozen but is a pudding after thawing. It's a great option for adding calories and protein for those experiencing involuntary weight loss. Enhanced with skim milk and milk protein concentrate, MAGIC CUP® is rich in branched-chain amino acids, notably leucine, which has been associated with muscle growth. MAGIC CUP® desserts are a truly a secret weapon to fight malnutrition

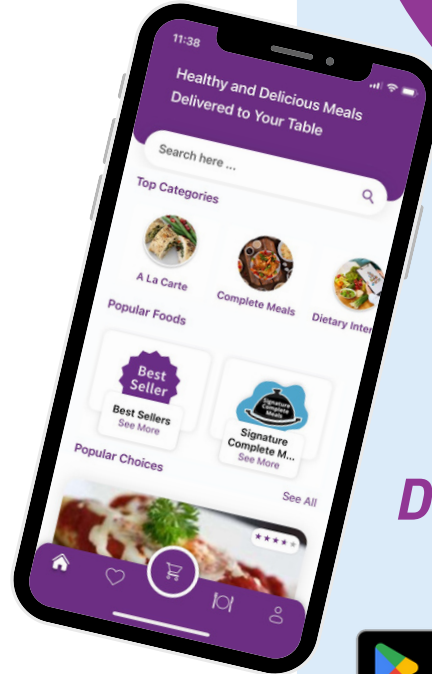
MightyShakes® are a great option for adding dietary calories and protein. Available in 4 ounce servings and comes in original and Reduced Sugar options. Simply thaw and serve or chill and serve.

Magic Meals Rebate Program

We are excited about a new rebate program we are offering called Magic Meals Rebate Program. It is an opportunity for you to enjoy remarkable savings every time you order from MagicKitchen.com. We will automatically enroll all of our customers who make a purchase and reward you with a **6% back rebate** at the end of each quarter if you order over \$350 worth of product per quarter.

Download our new meal delivery app and enter for a chance to win \$200!

(more details below)



Download our new Meal App!

Download the App!



Android Devices



Apple devices

Win a \$200 Gift Certificate

We always get great feedback from our clients and take those comments to heart. Now we want to know what your thoughts and opinions are on our new MagicKitchen.com App! Whatever your suggestion, send it in prior to August 31st and we'll take it to our tech team and talk it over. Then we'll have a drawing for a \$200 gift certificate to MagicKitchen.com from all of the participants.

Send those ideas soon to info@magickitchen.com!

Deadline August 31, 2024.

www.magickitchen.com